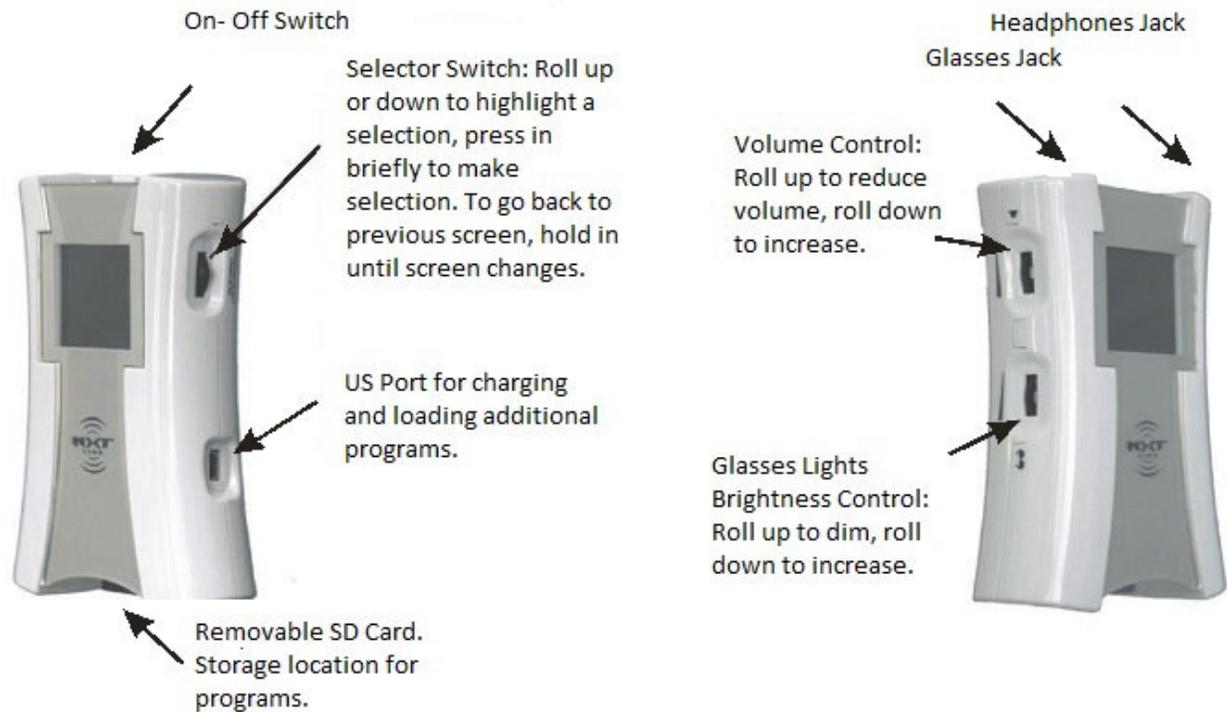


NewReality PRO Instructions

NewReality PRO Quick Start Guide



Power On/Off: To turn the PRO on slide the switch on the top of the PRO to the right over the closed black circle. Once the unit turns on the screen will illuminate with a brief introduction.

Setting up your PRO: First remove the headphones and glasses from their plastic packages. Then with your unit facing you, plug in the green headphone jack into the right jack below the sound icon. Plug the glasses jack into the jack on the left below the icon of the glasses. You are now ready to start a session. If you start your session and you hear ticking noises then your wires have been crossed, so double check your wires to make sure they are placed in the correct jack.

Select a Session: Once the unit is on, you will see the CVR screen (Creative Visualization and Relaxation) program highlighted in **orange**. Press in the Selector Switch that is on the right hand side of the unit, in briefly to open the CVR screen.

NewReality PRO Instructions

The “Instruction” selection will be highlighted, and pressing the Selector Switch in briefly will display the instructions. Holding the Selector Switch in will display the previous menu.

Rolling the Selector Switch down (don't press in while doing this), will move the orange highlighter.

The orange highlighter will move to the first Program or Session on the menu. Rolling the Selector Switch up or down will allow you to select the Program or Session of your choice. The desired Program can then be selected; pressing in briefly will open the Program folder and display the Sessions.

Use the Selector Switch to scroll to the Session of your choice, and press in briefly. A count-down timer highlighted in **pink** will start. Now lay back, close your eyes and enjoy your session.

Please note that the display goes dark after one minute to extend the battery life. Touching the scroll switch will illuminate the display for another minute (touching it while the screen is dark will not stop the program).

More Helpful Hints:

Charge the PRO daily like your cell phone.

The display has a time out feature. The screen turns off but the PRO is still working. Plugging in the charger will enable you to listen to your Session, while charging the battery.

Your PRO will not play if the battery is not charged. The display time-out feature saves the battery, but be sure you don't forget to turn the PRO off when you're done. Leaving the PRO on will eventually drain the battery.

Want to listen to the same Session twice without stopping? Press the selector switch in twice in quick succession when you start the Session.

Should you decide you would like to play a given Session a second time without having to restart the Session, you can do so by pressing in twice quickly when you start the Session. It will then automatically repeat a second time after the Session has played through.